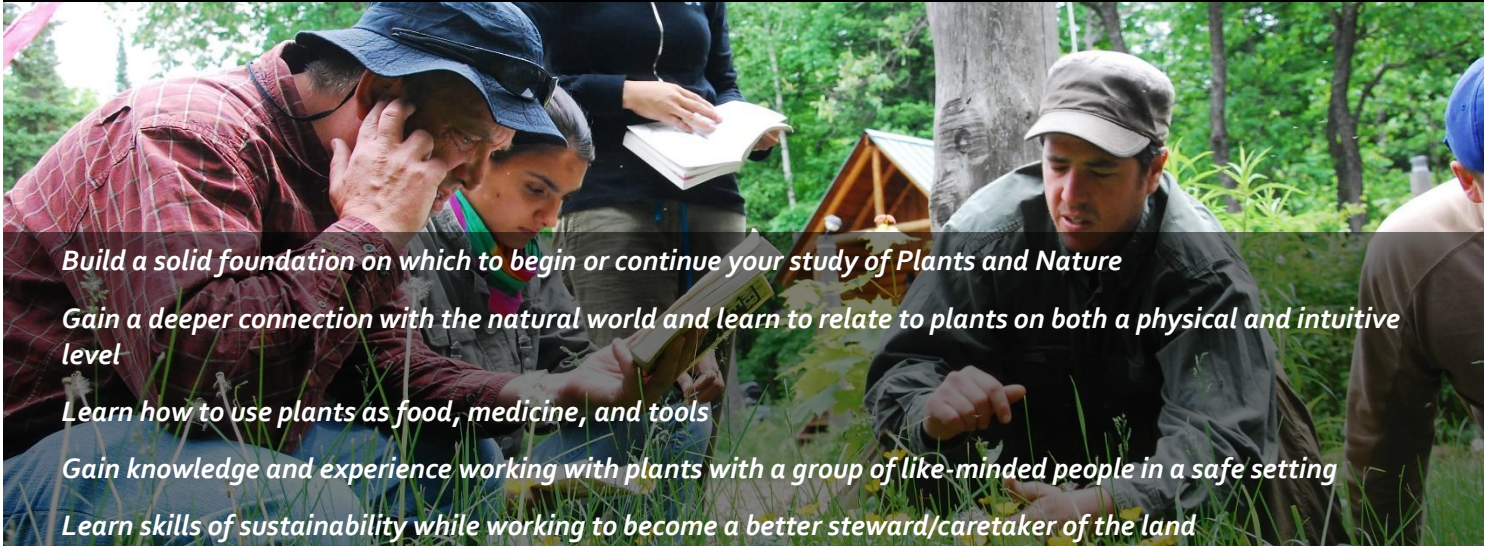




EARTH TRACKS

Wild Plants Apprenticeship 2019 Program Information



Build a solid foundation on which to begin or continue your study of Plants and Nature

Gain a deeper connection with the natural world and learn to relate to plants on both a physical and intuitive level

Learn how to use plants as food, medicine, and tools

Gain knowledge and experience working with plants with a group of like-minded people in a safe setting

Learn skills of sustainability while working to become a better steward/caretaker of the land



From Spring until Fall, you will experience the life cycle of many plants, learning how to identify, harvest, prepare, and utilize them at the best time of the year for potency, taste, medicinal quality, usefulness, etc. Each month revolves around a specific theme, building upon what we have already learned and setting the stage for our future meetings.

There is also an **optional home-study component** for students who wish to customize the program to push their skills and experiences according to their personal interests in this field. This consists of 3 parts:

- **Green/Dirt Time:** Spending time in nature on your own with a focused intent to learn about wild plants and the environment in which they grow.
- **Research:** Time spent at home, researching & learning about many topics related to the program.
- **Independent Study Project:** The student will have the option to design a project of their choice.

Both the 'Green/Dirt Time' & 'Research' portions include assignments from the instructor(s) as well as topics of personal interest to the participant.



Apprenticeship Mentor Alexis Burnett is a Naturalist, Tracker, Wilderness Skills Practitioner, and Canoe Guide. Working with plants has always been a passion of his since a very young age and he has spent many years travelling and learning from numerous different mentors and teachers including renowned herbalist Rosemary Gladstar, and he has also spent significant time learning from wilderness survival and tracking experts, including Tom Brown Jr. and Jon Young. Alexis has been practicing wilderness skills, pursuing naturalist/tracking studies, and guiding canoe trips for over 20 years, and he is committed to mentoring and teaching others the skills that help re-connect us to the natural world in an ancient and powerful way. By learning from nature through immersion and direct experience, we begin to see and link the inter-relatedness of all things in the natural world and understand the important role that we all can play in protecting and preserving these things for future generations.

For more information: info@earthtracks.ca (519) 217-4921 www.earthtracks.ca

The skills required to become a confident Forager/Wild Crafter or Herbalist require countless hours of dedication to this wide subject area. This apprenticeship program is designed to speed up that learning curve and guide the student on this journey in a safe and effective manner, for both the beginning and advanced students. We are dedicated to each of our students and committed to providing the best environment possible for your learning journey.